

Tamil Nadu Physical Education and Sports University
India's First State University in Physical Education and Sports
Melakottaiyur, Chennai - 600127

EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

MASTER OF PHYSICAL EDUCATION-(2023 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23PA1DE101	Physical Fitness and Wellness	29-04-2026	02:00 PM to 05:00 PM
23PA1DE003	Sports Engineering and Sports Technology	30-04-2026	02:00 PM to 05:00 PM
23PA1DE005	Adapted Physical Education	02-05-2026	02:00 PM to 05:00 PM
23PA1DE007	Professional Preparation for SLET/NET in Physical Education	05-05-2026	02:00 PM to 05:00 PM
23PA1CT101	Research Process in Physical Education and Sports Sciences	11-05-2026	02:00 PM to 05:00 PM
23PA1CT102	Yogic Sciences	12-05-2026	02:00 PM to 05:00 PM
23PA1CT103	Tests, Measurement and Evaluation In Physical Education	13-05-2026	02:00 PM to 05:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23PA1DE004	Health Education And Sports Nutrition	29-04-2026	10:00 AM to 01:00 PM
23PA1DE006	Value and Environmental Education	30-04-2026	10:00 AM to 01:00 PM
23PA1DE008	Educational Technology In Physical Education	02-05-2026	10:00 AM to 01:00 PM
23PA1DE002	Sports Journalism and Mass Media	05-05-2026	10:00 AM to 01:00 PM
23PA1CT201	Applied Statistics In Physical Education and Sports	11-05-2026	10:00 AM to 01:00 PM
23PA1CT202	Sports Biomechanics and Kinesiology	12-05-2026	10:00 AM to 01:00 PM
23PA1CT203	Sports Psychology and Sociology	13-05-2026	10:00 AM to 01:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23PA1DE101	Physical Fitness and Wellness	29-04-2026	02:00 PM to 05:00 PM
23PA1DE003	Sports Engineering and Sports Technology	30-04-2026	02:00 PM to 05:00 PM
23PA1DE005	Adapted Physical Education	02-05-2026	02:00 PM to 05:00 PM
23PA1DE007	Professional Preparation for SLET/NET in Physical Education	05-05-2026	02:00 PM to 05:00 PM
23PA1CT301	Sports Medicine, Athletic Care and Rehabilitation	06-05-2026	02:00 PM to 05:00 PM
23PA1CT302	Physiology of Exercise	07-05-2026	02:00 PM to 05:00 PM
23PA1CT303	Scientific Principles of Sports Training	08-05-2026	02:00 PM to 05:00 PM
23PA1GE302	Special Olympics	09-05-2026	02:00 PM to 05:00 PM
23PA1GE301	Recreational and Inclusive Games	09-05-2026	02:00 PM to 05:00 PM
23PB1GE301	Applied Yoga	09-05-2026	02:00 PM to 05:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23PA1DN401	Dissertation		
23PA1DE004	Health Education And Sports Nutrition	29-04-2026	10:00 AM to 01:00 PM
23PA1DE006	Value and Environmental Education	30-04-2026	10:00 AM to 01:00 PM
23PA1DE008	Educational Technology In Physical Education	02-05-2026	10:00 AM to 01:00 PM
23PA1DE002	Sports Journalism and Mass Media	05-05-2026	10:00 AM to 01:00 PM
23PA1CT401	Information and Communication Technology (ICT) in Physical Education	06-05-2026	10:00 AM to 01:00 PM
23PA1CT402	Sports Management and Curriculum Design in Physical Education	07-05-2026	10:00 AM to 01:00 PM

Controller of Examinations



Tamil Nadu Physical Education and Sports University

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Melakottaiyur, Chennai - 600127

EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

BACHELOR OF PHYSICAL EDUCATION -(BPED 2023)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23UA2DE101	Olympic Movement	29-04-2026	02:00 PM to 05:00 PM
23UA2CT101	History, Principles And Foundation of Physical Education	11-05-2026	02:00 PM to 05:00 PM
23UA2CT102	Anatomy and Physiology and Health Education	12-05-2026	02:00 PM to 05:00 PM
23UA2CT103	Yoga Education	13-05-2026	02:00 PM to 05:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23UA2DE002	Educational Technology and Computer Application In Physical Education	29-04-2026	10:00 AM to 01:00 PM
23UA2DE004	Sports Nutrition and Weight Management	30-04-2026	10:00 AM to 01:00 PM
23UA2DE006	Sports Medicine, Physiotherapy and Rehabilitation	02-05-2026	10:00 AM to 01:00 PM
23UA2DE008	Research Project	05-05-2026	10:00 AM to 01:00 PM
23UA2CT201	Sports Training	11-05-2026	10:00 AM to 01:00 PM
23UA2CT202	Organization ,Administration and Methods in Physical Education	12-05-2026	10:00 AM to 01:00 PM
23UA2CT203	Theories of Sports and Games, Coaching and Officiating- Part I	13-05-2026	10:00 AM to 01:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23UA2DE003	Disability And Inclusive Education	30-04-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
23UA2DE005	Contemporary Issues In Physical Education, Fitness And Wellness	02-05-2026	02:00 PM to 05:00 PM
23UA2DE007	Gender Studies	05-05-2026	02:00 PM to 05:00 PM
23UA2CT301	Measurement and Evaluation in Physical Education	06-05-2026	02:00 PM to 05:00 PM
23UA2CT302	Research and Statistics in Physical Education	07-05-2026	02:00 PM to 05:00 PM
23UA2CT303	Sports Management and Recreation and Camping	08-05-2026	02:00 PM to 05:00 PM
23PB1GE301	Applied Yoga	09-05-2026	02:00 PM to 05:00 PM
23UA2GE301	Construction and Maintenance of Play fields	09-05-2026	02:00 PM to 05:00 PM
23UA2GE302	Tourism Management in India	09-05-2026	02:00 PM to 05:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23UA2DE002	Educational Technology and Computer Application In Physical Education	29-04-2026	10:00 AM to 01:00 PM
23UA2DE004	Sports Nutrition and Weight Management	30-04-2026	10:00 AM to 01:00 PM
23UA2DE006	Sports Medicine, Physiotherapy and Rehabilitation	02-05-2026	10:00 AM to 01:00 PM
23UA2DE008	Research Project	05-05-2026	10:00 AM to 01:00 PM
23UA2CT401	Theories of Sports and Games, Coaching and Officiating- Part - II	05-05-2026	10:00 AM to 01:00 PM
23UA2CT402	Kinesiology and Biomechanics	06-05-2026	10:00 AM to 01:00 PM
23UA2CT403	Sports Psychology and Sociology	07-05-2026	10:00 AM to 01:00 PM



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

BACHELOR OF PHYSICAL EDUCATION AND SPORTS-(BPES2023)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23UA1CT101	Foundation of Physical Education and Sports	13-05-2026	10:00 AM to 01:00 PM
23UA1CT102	Anatomy and Physiology	14-05-2026	10:00 AM to 01:00 PM
23UA1CT103	Theories of Track and Field – 1	15-05-2026	10:00 AM to 01:00 PM
23UTL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UA1TL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UA1TL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UA1TL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UEL101	English - I	18-05-2026	10:00 AM to 01:00 PM
23UA1EL101	English - I	18-05-2026	10:00 AM to 01:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23UA1CT201	Theories of Major Games - I	13-05-2026	02:00 PM to 05:00 PM
23UA1CT202	Sports Psychology and Sociology	14-05-2026	02:00 PM to 05:00 PM
23UA1CT203	Yoga Education	15-05-2026	02:00 PM to 05:00 PM
23UA1TL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UA1TL203	Additional Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UA1TL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL203	Additional Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UA1EL201	English - II	18-05-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
23UEL201	English - II	18-05-2026	02:00 PM to 05:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23UA1CT301	Organization Administration and Methods in Physical Education	07-05-2026	10:00 AM to 01:00 PM
23UA1CT302	Theories of Track & Field - II	08-05-2026	10:00 AM to 01:00 PM
23UA1CT303	Test and Measurement & Evaluation	09-05-2026	10:00 AM to 01:00 PM
23UA1TL302	Basic Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UA1TL303	Additional Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UA1TL301	Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UA1EL301	English - III	12-05-2026	10:00 AM to 01:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23UA1CT401	Exercise Physiology	07-05-2026	02:00 PM to 05:00 PM
23UA1CT402	Theories of Track and Field - III	08-05-2026	02:00 PM to 05:00 PM
23UA1CT403	Scientific Principles of Sports Training and Sports Talent Identification	09-05-2026	02:00 PM to 05:00 PM
23UA1TL403	Additional Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UA1TL402	Basic Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UA1TL401	Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UA1EL401	English - IV	12-05-2026	02:00 PM to 05:00 PM

SEMESTER - 5

Subject Code	Subject Name	Date	Time
23UA1CT501	Sports Biomechanics and Kinesiology	29-04-2026	10:00 AM to 01:00 PM
23UA1CT502	Sports Medicine And Physiotherapy	30-04-2026	10:00 AM to 01:00 PM
23UA1CT503	Research and Elementary Statistics	02-05-2026	10:00 AM to 01:00 PM

Subject Code	Subject Name	Date	Time
23UA1CT504	Theories of Games - II (Games: Kho-kho, Kabaddi, Hockey)	05-05-2026	10:00 AM to 01:00 PM
23UA1DE502	Computer Application in Physical Education	06-05-2026	10:00 AM to 01:00 PM
23UA1DE501	Care and Prevention of Athletic Injuries	06-05-2026	10:00 AM to 01:00 PM

SEMESTER - 6

Subject Code	Subject Name	Date	Time
23UA1CT601	Health Education and First Aid	29-04-2026	02:00 PM to 05:00 PM
23UA1CT602	Theories of Major Games - III	30-04-2026	02:00 PM to 05:00 PM
23UA1DE601	Sports Management	02-05-2026	02:00 PM to 05:00 PM
23UA1DE602	Educational Technology in Physical Education	02-05-2026	02:00 PM to 05:00 PM



Controller of Examinations



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

MASTER OF SCIENCE IN YOGA-(2023 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23PF2GE001	Psychology For Effective Learning	09-05-2026	02:00 PM to 05:00 PM
23PB1GE102	Fundamental of Yogic Practices	09-05-2026	02:00 PM to 05:00 PM
23PB1CE001	Yoga for Health	12-05-2026	02:00 PM to 05:00 PM
23PB1CE002	Yogic Diet and Nutrition	13-05-2026	02:00 PM to 05:00 PM
23PB1CE003	Basic Relevant of Yogic Science – I	14-05-2026	02:00 PM to 05:00 PM
23PB1CE004	Methods of Naturopathy	15-05-2026	02:00 PM to 05:00 PM
23PB1CT101	Foundations of Yoga	16-05-2026	02:00 PM to 05:00 PM
23PB1CT102	Anatomy and Physiology	18-05-2026	02:00 PM to 05:00 PM
23PB1CT103	Classical Yoga Practices	19-05-2026	10:00 AM to 01:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23PC1GE002	Essentials of Sports Nutrition	09-05-2026	10:00 AM to 01:00 PM
23PE1GE002	Event Management	09-05-2026	10:00 AM to 01:00 PM
23PB1GE201	Yoga for Modern Life	09-05-2026	10:00 AM to 01:00 PM
23PB1CE008	Professional Preparation for Competitive Exams	11-05-2026	10:00 AM to 01:00 PM
23PB1CE007	Yoga in World Religion Synthesis	12-05-2026	10:00 AM to 01:00 PM
23PB1CE005	Biomechanics and Kinesiology	13-05-2026	10:00 AM to 01:00 PM
23PB1CE006	Any one Sports Papers	14-05-2026	10:00 AM to 01:00 PM
23PB1CT201	Research Process in Yoga and Statistics	15-05-2026	10:00 AM to 01:00 PM
23PB1CT202	Methodology of Teaching Yoga	16-05-2026	10:00 AM to 01:00 PM
23PB1CT203	Basic Yoga Texts	18-05-2026	10:00 AM to 01:00 PM

SEMESTER - 3			
Subject Code	Subject Name	Date	Time
23PB1CE009	Fundamentals of Psychology	29-04-2026	02:00 PM to 05:00 PM
23PB1CE010	Traditional Indian Systems of Medicine	30-04-2026	02:00 PM to 05:00 PM
23PB1CE011	Applied Spirituality	02-05-2026	02:00 PM to 05:00 PM
23PB1CE012	Advance Study of Pranayama and Meditation	05-05-2026	02:00 PM to 05:00 PM
23PB1CT301	Yoga for Health and Wellness	06-05-2026	02:00 PM to 05:00 PM
23PB1CT302	Patanjali Yoga Sutras	07-05-2026	02:00 PM to 05:00 PM
23PB1CT303	Yoga Therapy - I	08-05-2026	02:00 PM to 05:00 PM
23PB1CT304	Clinical Applications of Yoga Therapy	11-05-2026	02:00 PM to 05:00 PM
SEMESTER - 4			
Subject Code	Subject Name	Date	Time
23PB1TS401	Thesis with Viva-Voce		
23PB1CE013	Tirumoolar's Tirumandiram	29-04-2026	10:00 AM to 01:00 PM
23PB1CE014	Revenue Models in Yoga	30-04-2026	10:00 AM to 01:00 PM
23PB1CE016	Yoga and Management	02-05-2026	10:00 AM to 01:00 PM
23PB1CE015	Area of Dissertation	05-05-2026	10:00 AM to 01:00 PM
23PB1CT401	Yoga Therapy - II	06-05-2026	10:00 AM to 01:00 PM
23PB1CT402	Hatha Yoga Text	07-05-2026	10:00 AM to 01:00 PM
23PB1CT403	Kundalini Yoga	08-05-2026	10:00 AM to 01:00 PM



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

BACHELOR OF SCIENCE IN YOGA-(BSC YOGA 2023)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23UB1CT101	Fundamentals of Yoga	14-05-2026	10:00 AM to 01:00 PM
23UB1CT102	Human Anatomy and Physiology - I	15-05-2026	10:00 AM to 01:00 PM
23UB1TL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UB1TL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UB1TL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UB1EL101	English - I	18-05-2026	10:00 AM to 01:00 PM
23UEL101	English - I	18-05-2026	10:00 AM to 01:00 PM
23UB1CE101	Classical Yoga - I	19-05-2026	10:00 AM to 01:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23UB1CT201	Basic Texts in Yoga	13-05-2026	02:00 PM to 05:00 PM
23UB1CT202	Classical Yoga - II	14-05-2026	02:00 PM to 05:00 PM
23UB1CE201	Human Anatomy & Physiology - II	15-05-2026	02:00 PM to 05:00 PM
23UB1TL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL203	Additional Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UB1TL203	Additional Tamil II	16-05-2026	02:00 PM to 05:00 PM
23UTL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UB1TL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UEL201	English - II	18-05-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
23UB1EL201	English - II	18-05-2026	02:00 PM to 05:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23UB1CT301	Patanjali Yoga Sutras	08-05-2026	10:00 AM to 01:00 PM
23UB1CT302	Methodology of Teaching Yoga	09-05-2026	10:00 AM to 01:00 PM
23UB1TL301	Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UB1TL303	Additional Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UB1TL302	Basic Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UB1EL301	English - III	12-05-2026	10:00 AM to 01:00 PM
23UB1CE301	Computer Application in Yoga	13-05-2026	10:00 AM to 01:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23UB1CT401	Research Process in Yoga	06-05-2026	02:00 PM to 05:00 PM
23UB1CT402	Yoga Therapy - I	07-05-2026	02:00 PM to 05:00 PM
23UB1CE401	Indian Traditional Systems of Medicine and Therapies	08-05-2026	02:00 PM to 05:00 PM
23UB1AE401	Environmental Studies	09-05-2026	02:00 PM to 05:00 PM
23UB1TL401	Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UB1TL403	Additional Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UB1TL402	Basic Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UB1EL401	English - IV	12-05-2026	02:00 PM to 05:00 PM

SEMESTER - 5

Subject Code	Subject Name	Date	Time
23UB1CT501	Yogic Psychology	29-04-2026	10:00 AM to 01:00 PM
23UB1CT502	Hatha Yoga Text - I	30-04-2026	10:00 AM to 01:00 PM
23UB1CT503	Classical Yoga with Props & Modification - IV	02-05-2026	10:00 AM to 01:00 PM
23UB1CE501	Nutrition & Yogic Diet / Modifications	05-05-2026	10:00 AM to 01:00 PM
23UB1CE502	Basic Biomechanics	06-05-2026	10:00 AM to 01:00 PM

Subject Code	Subject Name	Date	Time
23UB1AE501	Value Education	07-05-2026	10:00 AM to 01:00 PM

SEMESTER - 6

Subject Code	Subject Name	Date	Time
23UB1CP601	Yoga Project and Viva Voce		
23UB1CT601	Tirumoolar's Tirumandiram	29-04-2026	02:00 PM to 05:00 PM
23UB1CT602	Yoga for Mental Health	30-04-2026	02:00 PM to 05:00 PM
23UB1CT603	Revenue Models in Yoga	02-05-2026	02:00 PM to 05:00 PM
23UB1CT604	Yoga Therapy - II	05-05-2026	02:00 PM to 05:00 PM



Controller of Examinations



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

MASTER OF SCIENCES IN EXERCISE PHYSIOLOGY AND NUTRITION-(MSC EPN 2023)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23PC1CE001	Exercise and Sports Biochemistry	29-04-2026	02:00 PM to 05:00 PM
23PC1CE003	Clinical Sports Nutrition	08-05-2026	02:00 PM to 05:00 PM
23PF3GE101	Yoga and Psychology	09-05-2026	02:00 PM to 05:00 PM
23PE1GE001	Management Concepts	09-05-2026	02:00 PM to 05:00 PM
23PC1CT101	Bioenergetics and Muscular Physiology	11-05-2026	02:00 PM to 05:00 PM
23PC1CT102	Cardiovascular and Respiratory Physiology	12-05-2026	02:00 PM to 05:00 PM
23PC1CT103	Advanced Human Nutrition	13-05-2026	02:00 PM to 05:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23PC1CE007	Renal Physiology	30-04-2026	10:00 AM to 01:00 PM
23PC1CE008	Training and Performance	02-05-2026	10:00 AM to 01:00 PM
23PC1CT201	Environmental Exercise Physiology	08-05-2026	10:00 AM to 01:00 PM
23PE1GE002	Event Management	09-05-2026	10:00 AM to 01:00 PM
23PF3GE201	Yoga for Stress Management	09-05-2026	10:00 AM to 01:00 PM
23PC1CT202	Exercise and Sports Nutrition	11-05-2026	10:00 AM to 01:00 PM
23PC1CT203	Research Methods in Exercise Physiology and Nutrition	12-05-2026	10:00 AM to 01:00 PM
23PC1CE005	Strength Training and Conditioning for Fitness	13-05-2026	10:00 AM to 01:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23PC1CE001	Exercise and Sports Biochemistry	29-04-2026	02:00 PM to 05:00 PM
23PC1CE004	Nutrition and Immune Function In Athletes	30-04-2026	02:00 PM to 05:00 PM
23PC1CT301	Clinical Exercise Physiology I	02-05-2026	02:00 PM to 05:00 PM
23PC1CT302	Neurophysiology	05-05-2026	02:00 PM to 05:00 PM
23PC1CT303	Statistics in Exercise Physiology and Nutrition	06-05-2026	02:00 PM to 05:00 PM
23PC1CT304	Exercise and Sports for Women	07-05-2026	02:00 PM to 05:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23PC1CE006	Exercise Rehabilitation and Injury Management	29-04-2026	10:00 AM to 01:00 PM
23PC1CE007	Renal Physiology	30-04-2026	10:00 AM to 01:00 PM
23PC1CE008	Training and Performance	02-05-2026	10:00 AM to 01:00 PM
23PC1CT401	Clinical Exercise Physiology II	05-05-2026	10:00 AM to 01:00 PM
23PC1CT402	Endocrine Physiology	06-05-2026	10:00 AM to 01:00 PM
23PC1CT403	Ergogenic Aids and Sports Performance	07-05-2026	10:00 AM to 01:00 PM



Controller of Examinations



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

BACHELOR OF SCIENCE IN EXERCISE PHYSIOLOGY AND NUTRITION-(2023 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23UC1CE101	Health Education	15-05-2026	10:00 AM to 01:00 PM
23UC1TL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UC1TL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UC1TL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UC1EL101	English - I	18-05-2026	10:00 AM to 01:00 PM
23UEL101	English - I	18-05-2026	10:00 AM to 01:00 PM
23UC1CT101	Human Anatomy and Physiology - I	19-05-2026	10:00 AM to 01:00 PM
23UC1CT102	Fundamentals of Food Science	19-05-2026	02:00 PM to 05:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23UC1CT201	Human Anatomy and Physiology - II	13-05-2026	02:00 PM to 05:00 PM
23UC1CT202	Human Nutrition	14-05-2026	02:00 PM to 05:00 PM
23UC1CE201	Clinical Exercise Testing Procedures and Assessment	15-05-2026	02:00 PM to 05:00 PM
23UC1TL203	Additional Tamil II	16-05-2026	02:00 PM to 05:00 PM
23UTL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UC1TL202	Basic Tamil II	16-05-2026	02:00 PM to 05:00 PM
23UTL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UC1TL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL203	Additional Tamil - II	16-05-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
23UEL201	English - II	18-05-2026	02:00 PM to 05:00 PM
23UC1EL201	English - II	18-05-2026	02:00 PM to 05:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23UC1CE301	Training and Performance	09-05-2026	10:00 AM to 01:00 PM
23UC1TL302	Basic Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UC1TL301	Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UC1TL303	Additional Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UC1EL301	English - III	12-05-2026	10:00 AM to 01:00 PM
23UC1CT301	Kinesiology	13-05-2026	10:00 AM to 01:00 PM
23UC1CT302	Fundamentals of Sport and Exercise Biochemistry	14-05-2026	10:00 AM to 01:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23UC1CT401	Clinical Nutrition and Dietetics	06-05-2026	02:00 PM to 05:00 PM
23UC1CT402	Sports Biomechanics	07-05-2026	02:00 PM to 05:00 PM
23UC1CE401	Weight Management	08-05-2026	02:00 PM to 05:00 PM
23UC1ES401	Environmental studies	09-05-2026	02:00 PM to 05:00 PM
23UC1TL401	Tamil IV	11-05-2026	02:00 PM to 05:00 PM
23UC1TL402	Basic Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UC1TL403	Additional Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UC1EL401	English IV	12-05-2026	02:00 PM to 05:00 PM

SEMESTER - 5

Subject Code	Subject Name	Date	Time
23UC1CT501	Sports Nutrition	29-04-2026	10:00 AM to 01:00 PM
23UC1CT502	Strength Training and Conditioning for Fitness	30-04-2026	10:00 AM to 01:00 PM
23UC1CT503	Research Methodology and Statistic	02-05-2026	10:00 AM to 01:00 PM
23UC1CT504	Ergogenic Aids	05-05-2026	10:00 AM to 01:00 PM

Subject Code	Subject Name	Date	Time
23UC1CE501	Nutrition Through Lifecycle	06-05-2026	10:00 AM to 01:00 PM
23UC1CE502	Sports and Exercise Psychology	07-05-2026	10:00 AM to 01:00 PM
23UC1VE501	Value Education	08-05-2026	10:00 AM to 01:00 PM

SEMESTER - 6

Subject Code	Subject Name	Date	Time
23UC1CP601	Project with Viva voce		
23UC1CT601	Applied Exercise Physiology	29-04-2026	02:00 PM to 05:00 PM
23UC1CT602	Clinical Exercise Physiology	30-04-2026	02:00 PM to 05:00 PM
23UC1CE601	Nutrition for Health, Fitness and Sports	02-05-2026	02:00 PM to 05:00 PM
23UC1CE602	Introduction to Sports Injury and Rehabilitation	05-05-2026	02:00 PM to 05:00 PM



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

MASTER OF SCIENCES IN SPORTS BIOMECHANICS AND KINESIOLOGY-(2023 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23PD1DSE101	Foundation of Fitness, Exercise Prescription, Strength and conditioning	29-04-2026	02:00 PM to 05:00 PM
23PD1DSE102	Psychology of Sports Performance	30-04-2026	02:00 PM to 05:00 PM
23PD1DSE103	Sports Physiology and Ergogenic aids	02-05-2026	02:00 PM to 05:00 PM
23PD1DSE104	Biomechanics of Yoga	05-05-2026	02:00 PM to 05:00 PM
23PF2GE001	Psychology For Effective Learning	09-05-2026	02:00 PM to 05:00 PM
23PC1GE001	Essentials of Exercise Physiology	09-05-2026	02:00 PM to 05:00 PM
23PD1GE101	HUMAN GAIT	09-05-2026	02:00 PM to 05:00 PM
23PF3GE101	Yoga and Psychology	09-05-2026	02:00 PM to 05:00 PM
23PD1CT101	Applied Anatomy and Physiology	12-05-2026	02:00 PM to 05:00 PM
23PD1CT102	Physics for Biomechanics	13-05-2026	02:00 PM to 05:00 PM
23PD1CT103	Test, Measurement and Evaluation	14-05-2026	02:00 PM to 05:00 PM
23PD1AEC001	Communicative Skills	15-05-2026	10:00 AM to 01:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23PD1DSE203	Kinanthropometry and Podiatry	29-04-2026	10:00 AM to 01:00 PM
23PD1DSE202	Modeling and Simulation	30-04-2026	10:00 AM to 01:00 PM
23PD1DSE204	Sports Technology	02-05-2026	10:00 AM to 01:00 PM
23PD1DSE201	Mathematics in Biomechanics	05-05-2026	10:00 AM to 01:00 PM
23PFGE201	Women and Sport	09-05-2026	10:00 AM to 01:00 PM
23PC1GE002	Essentials of Sports Nutrition	09-05-2026	10:00 AM to 01:00 PM

Subject Code	Subject Name	Date	Time
23PE1GE002	Event Management	09-05-2026	10:00 AM to 01:00 PM
23PD1GE201	Sports Biomechanics	09-05-2026	02:00 PM to 05:00 PM
23PD1CT201	Kinesiology	11-05-2026	10:00 AM to 01:00 PM
23PD1CT202	Basic Biomechanics	12-05-2026	10:00 AM to 01:00 PM
23PD1CT203	Human Gait, Posture and Corrective Exercise	13-05-2026	10:00 AM to 01:00 PM
23PD1SE201	Microsoft Office Skills	14-05-2026	10:00 AM to 01:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23PD1DSE101	Foundation of Fitness, Exercise Prescription, Strength and conditioning	29-04-2026	02:00 PM to 05:00 PM
23PD1DSE102	Psychology of Sports Performance	30-04-2026	02:00 PM to 05:00 PM
23PD1DSE103	Sports Physiology and Ergogenic aids	02-05-2026	02:00 PM to 05:00 PM
23PD1DSE104	Biomechanics of Yoga	05-05-2026	02:00 PM to 05:00 PM
23PD1CT301	Applied Biomechanics	06-05-2026	02:00 PM to 05:00 PM
23PD1CT302	Mechanics of Track and field events	07-05-2026	02:00 PM to 05:00 PM
23PD1CT303	Research Methods and Statistical Process in Sports sciences	08-05-2026	02:00 PM to 05:00 PM
23PD1AEC002	Personality Development	11-05-2026	02:00 PM to 05:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23PD1TS401	Thesis		
23PD1DSE203	Kinanthropometry and Podiatry	29-04-2026	10:00 AM to 01:00 PM
23PD1DSE202	Modeling and Simulation	30-04-2026	10:00 AM to 01:00 PM
23PD1DSE204	Sports Technology	02-05-2026	10:00 AM to 01:00 PM
23PD1DSE201	Mathematics in Biomechanics	05-05-2026	10:00 AM to 01:00 PM
23PD1CT401	Mechanics Sports and Games - I	06-05-2026	10:00 AM to 01:00 PM

Subject Code	Subject Name	Date	Time
23PD1CT402	Mechanics of Sports and Games Skills - II	07-05-2026	10:00 AM to 01:00 PM
23PD1CT403	Sports Performance Analysis	08-05-2026	10:00 AM to 01:00 PM



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

BACHELOR OF SCIENCES IN SPORTS BIOMECHANICS AND KINESIOLOGY-(2023 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23UD1CT101	Human Anatomy and Physiology - I	13-05-2026	10:00 AM to 01:00 PM
23UD1CT102	Fundamentals of Fitness and Exercise Prescription	14-05-2026	10:00 AM to 01:00 PM
23UD1CE101	Test, measurement and evaluation	15-05-2026	10:00 AM to 01:00 PM
23UTL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UD1TL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UD1TL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UD1TL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UD1EL101	English - I	18-05-2026	10:00 AM to 01:00 PM
23UEL101	English - I	18-05-2026	10:00 AM to 01:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23UD1CT201	Human Anatomy and Physiology - II	13-05-2026	02:00 PM to 05:00 PM
23UD1CT202	Physics for Biomechanics	14-05-2026	02:00 PM to 05:00 PM
23UD1CE201	Mathematics for Biomechanics	15-05-2026	02:00 PM to 05:00 PM
23UTL203	Additional Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UD1TL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UD1TL203	Additional Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UD1TL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
23UD1EL201	English - II	18-05-2026	02:00 PM to 05:00 PM
23UEL201	English - II	18-05-2026	02:00 PM to 05:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23UD1CT301	Kinesiology	07-05-2026	10:00 AM to 01:00 PM
23UD1CT302	Basic Biomechanics	08-05-2026	10:00 AM to 01:00 PM
23UD1CE301	Dynamics of Motor Skill Acquisition	09-05-2026	10:00 AM to 01:00 PM
23UD1TL301	Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UD1TL303	Additional Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UD1TL302	Basic Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UD1EL301	English - III	12-05-2026	10:00 AM to 01:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23UD1CT401	Human Gait, Posture and Corrective Exercise	06-05-2026	02:00 PM to 05:00 PM
23UD1CT402	Physiology of Exercise and Ergogenic Aids	07-05-2026	02:00 PM to 05:00 PM
23UD1CE401	Science of Sports Training and Strength and Conditioning	08-05-2026	02:00 PM to 05:00 PM
23UD1ES401	Environmental Studies	09-05-2026	02:00 PM to 05:00 PM
23UDITL403	Additional Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UD1TL401	Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UD1TL402	Basic Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UD1EL401	English - IV	12-05-2026	02:00 PM to 05:00 PM

SEMESTER - 5

Subject Code	Subject Name	Date	Time
23UD1CT501	Applied Biomechanics	29-04-2026	10:00 AM to 01:00 PM
23UD1CT502	Research Methodology and Statistics in Sports Science	30-04-2026	10:00 AM to 01:00 PM
23UD1CT503	Biomechanics of track events	02-05-2026	10:00 AM to 01:00 PM

Subject Code	Subject Name	Date	Time
23UD1CT504	Biomechanics of field events	05-05-2026	10:00 AM to 01:00 PM
23UD1VE501	Value Education	06-05-2026	10:00 AM to 01:00 PM

SEMESTER - 6

Subject Code	Subject Name	Date	Time
23UD1SE601	Group project		
23UD1CT601	Sports performance analysis	29-04-2026	02:00 PM to 05:00 PM
23UD1CT602	Biomechanics of sports and games I	30-04-2026	02:00 PM to 05:00 PM
23UD1CT603	Biomechanics of sports and games II	02-05-2026	02:00 PM to 05:00 PM
23UD1CE601	Biomechanics of yoga	05-05-2026	02:00 PM to 05:00 PM



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

Master of Business Administration in Sports Management-(2023 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23PE1CT101	Management Principles and Business Ethics	29-04-2026	02:00 PM to 05:00 PM
23PE1CT102	Quantitative Techniques and Research Methods in Business	30-04-2026	02:00 PM to 05:00 PM
23PE1CT103	Managing Organizational Behaviour	02-05-2026	02:00 PM to 05:00 PM
23PE1CT104	Accounting for Managers	05-05-2026	02:00 PM to 05:00 PM
23PE1CT105	Managerial Economics	06-05-2026	02:00 PM to 05:00 PM
23PE1CT106	Legal Systems in Business	07-05-2026	02:00 PM to 05:00 PM
23PH1GE001	Fundamentals of Sports Technology	09-05-2026	02:00 PM to 05:00 PM
23PF2GE001	Psychology For Effective Learning	09-05-2026	02:00 PM to 05:00 PM
23PB1GE101	Applications of Yoga	09-05-2026	02:00 PM to 05:00 PM
23PC1GE001	Essentials of Exercise Physiology	09-05-2026	02:00 PM to 05:00 PM
23PF3GE101	Yoga and Psychology	09-05-2026	02:00 PM to 05:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23PE1CT201	Applied Operations Research	29-04-2026	10:00 AM to 01:00 PM
23PE1CT202	Human Resource Management	30-04-2026	10:00 AM to 01:00 PM
23PE1CT203	Marketing Management	02-05-2026	10:00 AM to 01:00 PM
23PE1CT204	Operations Management	05-05-2026	10:00 AM to 01:00 PM
23PE1CT205	Financial Management	06-05-2026	10:00 AM to 01:00 PM
23PE1CT206	Strategic Management	07-05-2026	10:00 AM to 01:00 PM
23PC1GE002	Essentials of Sports Nutrition	09-05-2026	10:00 AM to 01:00 PM
23PFGE201	Women and Sport	09-05-2026	10:00 AM to 01:00 PM

Subject Code	Subject Name	Date	Time
23PH1GE004	Industrial Safety	09-05-2026	02:00 PM to 05:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23PE1CT301	Information Systems for Business	08-05-2026	10:00 AM to 01:00 PM
23PE1ED301	Entrepreneurship Development	08-05-2026	02:00 PM to 05:00 PM
23PE1CE001	Sports Organisation and Administration	11-05-2026	10:00 AM to 01:00 PM
23PE1CE003	Sports Marketing	11-05-2026	02:00 PM to 05:00 PM
23PE1CE004	Sports Facility Management	12-05-2026	10:00 AM to 01:00 PM
23PE1CE007	Advertising in Sports	12-05-2026	02:00 PM to 05:00 PM
23PE1CE008	Sports Media Management	13-05-2026	10:00 AM to 01:00 PM
23PE1CE009	Sports Event Management	13-05-2026	02:00 PM to 05:00 PM
23PE1CE013	Sports Human Resource Management	14-05-2026	10:00 AM to 01:00 PM
23PE1CE014	Sports Logistics and Supply Chain Management	14-05-2026	02:00 PM to 05:00 PM
23PE1CE016	Sports Analytics	15-05-2026	10:00 AM to 01:00 PM



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

BACHELOR OF BUSINESS ADMINISTRATION IN SPORTS MANAGEMENT-(2023 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23UE1CE004	Sports Marketing	02-05-2026	10:00 AM to 01:00 PM
23UTL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UE1TL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UE1TL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UE1TL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UEL101	English - I	18-05-2026	10:00 AM to 01:00 PM
23UE1LE101	English	18-05-2026	10:00 AM to 01:00 PM
23UE1CT101	Management Concepts	19-05-2026	10:00 AM to 01:00 PM
23UE1CE001	Sports Organisation and Administration	20-05-2026	10:00 AM to 01:00 PM
23UE1CT102	Financial and Management Accounting	21-05-2026	10:00 AM to 01:00 PM
23UE1SE101	Business Economics	22-05-2026	10:00 AM to 01:00 PM
23UE1SE102	Business Mathematics and Statistics	23-05-2026	10:00 AM to 01:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23UTL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL203	Additional Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UE1TL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UE1TL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UE1TL203	Additional Tamil - II	16-05-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
23UE1EL201	English - II	18-05-2026	02:00 PM to 05:00 PM
23UEL201	English - II	18-05-2026	02:00 PM to 05:00 PM
23UE1CT201	Organisational Behaviour	20-05-2026	02:00 PM to 05:00 PM
23UE1CT202	Production and Operations Management	21-05-2026	02:00 PM to 05:00 PM
23UE1CE002	Principles Sports Management	22-05-2026	02:00 PM to 05:00 PM
23UE1SE201	Business Communication	23-05-2026	02:00 PM to 05:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23UE1CT301	Legal Systems in Business	08-05-2026	10:00 AM to 01:00 PM
23UE1CT302	Marketing Management	09-05-2026	10:00 AM to 01:00 PM
23UE1TL302	Basic Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UE1TL301	Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UE1TL303	Additional Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UE1EL301	English - III	12-05-2026	10:00 AM to 01:00 PM
23UE1CE003	Sports Facility Management	13-05-2026	10:00 AM to 01:00 PM
23UE1SE301	E-Commerce	14-05-2026	10:00 AM to 01:00 PM
23UE1SE302	Entrepreneurial Development	15-05-2026	10:00 AM to 01:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23UE1CT401	Operations Research	08-05-2026	02:00 PM to 05:00 PM
23UE1CT402	Human Resource Management	09-05-2026	02:00 PM to 05:00 PM
23UE1TL402	Basic Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UE1TL401	Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UE1TL403	Additional Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UE1EL401	English - IV	12-05-2026	02:00 PM to 05:00 PM
23UE1CE009	Sports Tourism	13-05-2026	02:00 PM to 05:00 PM
23UE1SE401	Total Quality Management	14-05-2026	02:00 PM to 05:00 PM
23UE1SE402	Customer Relationship Management	15-05-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
23UE1ES401	Environmental Studies	19-05-2026	02:00 PM to 05:00 PM

SEMESTER - 5

Subject Code	Subject Name	Date	Time
23UE1CT501	Research Methods in Business	29-04-2026	10:00 AM to 01:00 PM
23UE1CT502	Financial Management	30-04-2026	10:00 AM to 01:00 PM
23UE1CE004	Sports Marketing	02-05-2026	10:00 AM to 01:00 PM
23UE1CE008	Sports Media Management	02-05-2026	02:00 PM to 05:00 PM
23UE1CE006	Sports Event Management	05-05-2026	10:00 AM to 01:00 PM
23UE1CE005	Sports Psychology	05-05-2026	02:00 PM to 05:00 PM
23UE1CT503	Business Environment	06-05-2026	10:00 AM to 01:00 PM
23UE1CT504	Management Information System	07-05-2026	10:00 AM to 01:00 PM
23UE1VE501	Value Education	07-05-2026	02:00 PM to 05:00 PM

SEMESTER - 6

Subject Code	Subject Name	Date	Time
23UE1CT601	Retail Management	29-04-2026	02:00 PM to 05:00 PM
23UE1CT602	Services Marketing	30-04-2026	02:00 PM to 05:00 PM
23UE1CE008	Sports Media Management	02-05-2026	02:00 PM to 05:00 PM
23UE1CE005	Sports Psychology	05-05-2026	02:00 PM to 05:00 PM
23UE1CE012	Advertising in Sports	06-05-2026	02:00 PM to 05:00 PM



Controller of Examinations



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

BACHELOR OF SCIENCE IN SPORTS COACHING-(2025 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
25UG1DE005	Talent Identification	14-05-2026	10:00 AM to 01:00 PM
25UG1CT101	Basic Anatomy and Physiology	15-05-2026	10:00 AM to 01:00 PM
23UTL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UEL101	English - I	18-05-2026	10:00 AM to 01:00 PM
25UG1CT102	History and Administration of Sports /Game	19-05-2026	10:00 AM to 01:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
25UG1DE004	Test and Measurement	14-05-2026	02:00 PM to 05:00 PM
25UG1DE008	Doping and Its Classification	14-05-2026	02:00 PM to 05:00 PM
25UG1CT201	Science of Sports Training	15-05-2026	02:00 PM to 05:00 PM
23UTL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL203	Additional Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UEL201	English - II	18-05-2026	02:00 PM to 05:00 PM
25UG1GT203	Rules and Regulation of Sport/Game - Kabaddi	19-05-2026	02:00 PM to 05:00 PM
25UG1GT204	Rules and Regulation of Sport /Game - Athletics	19-05-2026	02:00 PM to 05:00 PM
25UG1GT201	Rules and Regulation of Sport/Game - Volleyball	19-05-2026	02:00 PM to 05:00 PM
25UG1GT205	Rules and Regulation of Sports/Game - Hockey	19-05-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
25UG1GT202	Rules and Regulation of Sport/Game - Football	19-05-2026	02:00 PM to 05:00 PM



Controller of Examinations



Tamil Nadu Physical Education and Sports University
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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

BACHELOR OF SCIENCE IN SPORTS COACHING-(2018 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
USC18DE003	Talent Identification	29-04-2026	10:00 AM to 01:00 PM
USC18DE001	Strength and Conditioning	30-04-2026	10:00 AM to 01:00 PM
USC18DE002	Women in Olympic Movement	02-05-2026	10:00 AM to 01:00 PM
USC18DE004	Project Event Management	05-05-2026	10:00 AM to 01:00 PM
USC18CT104	History and Administration of Sport/Game	14-05-2026	10:00 AM to 01:00 PM
USC18CT103	Anatomy and Physiology	15-05-2026	10:00 AM to 01:00 PM
USC18CT101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
USC18CT101C	Special English - I	16-05-2026	10:00 AM to 01:00 PM
USC18CT102	English - I	18-05-2026	10:00 AM to 01:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
USC18DE008	Test and Measurement	29-04-2026	02:00 PM to 05:00 PM
USC18DE010	Doping and its Classification	30-04-2026	02:00 PM to 05:00 PM
USC18DE009	Play Field and Equipment Management	02-05-2026	02:00 PM to 05:00 PM
USC18DE012	Exercises and Sports for Women	05-05-2026	02:00 PM to 05:00 PM
USC18CT204A	Rules and Regulation of Sports/Game - Volleyball	14-05-2026	02:00 PM to 05:00 PM
USC18CT204C	Rules and Regulation of Sports/Game - Kabaddi	14-05-2026	02:00 PM to 05:00 PM
USC18CT204D	Rules and Regulation of Sports/Game - Athletics	14-05-2026	02:00 PM to 05:00 PM
USC18CT204B	Rules and Regulation of Sports/Game - Football	14-05-2026	02:00 PM to 05:00 PM
USC18CT204E	Rules and Regulation of Sports/Game - Hockey	14-05-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
USC18CT203	Science of Sports Training	15-05-2026	02:00 PM to 05:00 PM
23UG1TL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM
USC18CT201C	Special English - II	16-05-2026	02:00 PM to 05:00 PM
USC18CT201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
USC18CT202	English - II	18-05-2026	02:00 PM to 05:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
USC18DE003	Talent Identification	29-04-2026	10:00 AM to 01:00 PM
USC18DE001	Strength and Conditioning	30-04-2026	10:00 AM to 01:00 PM
USC18DE002	Women in Olympic Movement	02-05-2026	10:00 AM to 01:00 PM
USC18DE004	Project Event Management	05-05-2026	10:00 AM to 01:00 PM
USC18CT304C	Techniques and Technical Training of Sports/Games - Kabaddi	09-05-2026	10:00 AM to 01:00 PM
USC18CT304D	Techniques and Technical Training of Sports/Games - Athletics	09-05-2026	10:00 AM to 01:00 PM
USC18CT304A	Techniques and Technical Training of Sports/Games - Volleyball	09-05-2026	10:00 AM to 01:00 PM
USC18CT304E	Techniques and Technical Training of Sports/Games - Hockey	09-05-2026	10:00 AM to 01:00 PM
USC18CT304B	Techniques and Technical Training of Sports/Games - Football	09-05-2026	10:00 AM to 01:00 PM
USC18CT301C	Special English - III	11-05-2026	10:00 AM to 01:00 PM
USC18CT301	Tamil - III	11-05-2026	10:00 AM to 01:00 PM
USC18CT302	English - III	12-05-2026	10:00 AM to 01:00 PM
USC18CT303	Sports Medicine and Nutrition	13-05-2026	10:00 AM to 01:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
USC18DE008	Test and Measurement	29-04-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
USC18DE010	Doping and its Classification	30-04-2026	02:00 PM to 05:00 PM
USC18DE009	Play Field and Equipment Management	02-05-2026	02:00 PM to 05:00 PM
USC18DE012	Exercises and Sports for Women	05-05-2026	02:00 PM to 05:00 PM
USC18CT404D	Tactics and Tactical Development of Athletics	09-05-2026	02:00 PM to 05:00 PM
USC18CT404E	Tactics and Tactical Development of Hockey	09-05-2026	02:00 PM to 05:00 PM
USC18CT404A	Tactics and Tactical Development of Volleyball	09-05-2026	02:00 PM to 05:00 PM
USC18CT404C	Tactics and Tactical Development of Kabaddi	09-05-2026	02:00 PM to 05:00 PM
USC18CT404B	Tactics and Tactical Development of Football	09-05-2026	02:00 PM to 05:00 PM
23UG1TL401	Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
USC18CT401	Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UG1TL403	Additional Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
USC18CT401C	Special English - IV	11-05-2026	02:00 PM to 05:00 PM
23UG1TL402	Basic Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
USC18CT402	English - IV	12-05-2026	02:00 PM to 05:00 PM
23UG1EL401	English - IV	12-05-2026	02:00 PM to 05:00 PM
USC18CT403	Sports Psychology and Sociology of Sport	13-05-2026	02:00 PM to 05:00 PM

SEMESTER - 5

Subject Code	Subject Name	Date	Time
USC18DE003	Talent Identification	29-04-2026	10:00 AM to 01:00 PM
USC18DE001	Strength and Conditioning	30-04-2026	10:00 AM to 01:00 PM
USC18DE002	Women in Olympic Movement	02-05-2026	10:00 AM to 01:00 PM
USC18DE004	Project Event Management	05-05-2026	10:00 AM to 01:00 PM
USC18CT501	Kinesiology and Sports Biomechanics	06-05-2026	10:00 AM to 01:00 PM
USC18CT502A	Specific Motor Qualities of Sport/Game - Volleyball	07-05-2026	10:00 AM to 01:00 PM

Subject Code	Subject Name	Date	Time
USC18CT502B	Specific Motor Qualities of Sport/Game - Football	07-05-2026	10:00 AM to 01:00 PM
USC18CT502D	Specific Motor Qualities of Sport/Game - Athletics	07-05-2026	10:00 AM to 01:00 PM
USC18CT502C	Specific Motor Qualities of Sport/Game - Kabaddi	07-05-2026	10:00 AM to 01:00 PM
USC18CT502E	Specific Motor Qualities of Sport/Game - Hockey	07-05-2026	10:00 AM to 01:00 PM
USC18SE501	Sports Massage	08-05-2026	10:00 AM to 01:00 PM

SEMESTER - 6

Subject Code	Subject Name	Date	Time
USC18DE008	Test and Measurement	29-04-2026	02:00 PM to 05:00 PM
USC18DE010	Doping and its Classification	30-04-2026	02:00 PM to 05:00 PM
USC18DE009	Play Field and Equipment Management	02-05-2026	02:00 PM to 05:00 PM
USC18DE012	Exercises and Sports for Women	05-05-2026	02:00 PM to 05:00 PM
USC18CT601A	Team Preparation, Coaching and Match Analysis of Volleyball	06-05-2026	02:00 PM to 05:00 PM
USC18CT601E	Team Preparation, Coaching and Match Analysis of Hockey	06-05-2026	02:00 PM to 05:00 PM
USC18CT601C	Team Preparation, Coaching and Match Analysis of Kabaddi	06-05-2026	02:00 PM to 05:00 PM
USC18CT601D	Team Preparation, Coaching and Match Analysis of Athletics	06-05-2026	02:00 PM to 05:00 PM
USC18CT601B	Team Preparation, Coaching and Match Analysis of Football	06-05-2026	02:00 PM to 05:00 PM
USC18CT602	Philosophy of Coaching	07-05-2026	02:00 PM to 05:00 PM
USC18SE601	Gym Management	08-05-2026	02:00 PM to 05:00 PM



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

MASTER OF SCIENCE IN SPORTS PSYCHOLOGY-(2023 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23PF2CE001	Coping with Stress	07-05-2026	02:00 PM to 05:00 PM
23PF2CE002	Emotional Intelligence	08-05-2026	02:00 PM to 05:00 PM
23PD1GE101	HUMAN GAIT	09-05-2026	02:00 PM to 05:00 PM
23PC1GE001	Essentials of Exercise Physiology	09-05-2026	02:00 PM to 05:00 PM
23PE1GE001	Management Concepts	09-05-2026	02:00 PM to 05:00 PM
23PF2CT101	Cognitive Psychology	11-05-2026	02:00 PM to 05:00 PM
23PF2CT102	Principles of Sports Psychology	12-05-2026	02:00 PM to 05:00 PM
23PF2CT103	Research Methodology	13-05-2026	02:00 PM to 05:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23PF2CE003	Motor Learning and Psychology of Coaching	07-05-2026	10:00 AM to 01:00 PM
23PF2CE004	Psychometrics	08-05-2026	10:00 AM to 01:00 PM
23PC1GE002	Essentials of Sports Nutrition	09-05-2026	10:00 AM to 01:00 PM
23PE1GE002	Event Management	09-05-2026	10:00 AM to 01:00 PM
23PF2CT201	Psychological Aspects of Sports Performance	11-05-2026	10:00 AM to 01:00 PM
23PF2CT202	Neuro Psychology	12-05-2026	10:00 AM to 01:00 PM
23PF2CT203	Statistics in Social Science	13-05-2026	10:00 AM to 01:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23PF2CE005	Team Cohesion and Group Dynamics in Sports	29-04-2026	02:00 PM to 05:00 PM
23PF2CE006	Psychotherapy	30-04-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
23PF2CT301	Fundamentals of Counselling Skills	02-05-2026	02:00 PM to 05:00 PM
23PF2CT302	Psychology of Athletic Injury and Rehabilitation	05-05-2026	02:00 PM to 05:00 PM
23PF2CT303	Psychological Preparation and Mental Skills Training	06-05-2026	02:00 PM to 05:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23PF2TS401A	Thesis		
23PF2CE007	Positive Psychology	29-04-2026	10:00 AM to 01:00 PM
23PF2CE008	Introduction to Sports Sociology	30-04-2026	10:00 AM to 01:00 PM
23PF2CT401	Counseling and Behavior Modification Techniques	02-05-2026	10:00 AM to 01:00 PM
23PF2CT402	Sports for the Challenged	05-05-2026	10:00 AM to 01:00 PM
23PF2CT403	Athletic Psychopathology	06-05-2026	10:00 AM to 01:00 PM



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

Sports Psychology and Sociology-(2023 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23PF1CE001	Coping with Stress	07-05-2026	02:00 PM to 05:00 PM
23PF1CE002	Methods and Measurement in Psychology	08-05-2026	02:00 PM to 05:00 PM
23PD1GE101	HUMAN GAIT	09-05-2026	02:00 PM to 05:00 PM
23PF1GE001	Interdepartmental Elective - I	09-05-2026	02:00 PM to 05:00 PM
23PC1GE001	Essentials of Exercise Physiology	09-05-2026	02:00 PM to 05:00 PM
23PE1GE001	Management Concepts	09-05-2026	02:00 PM to 05:00 PM
23PF1CT101	Cognitive Psychology	11-05-2026	02:00 PM to 05:00 PM
23PF1CT102	Introduction to Sports Sociology	12-05-2026	02:00 PM to 05:00 PM
23PF1CT103	Research Methodology	13-05-2026	02:00 PM to 05:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23PF1CE003	Motor Learning and Psychology of Coaching	07-05-2026	10:00 AM to 01:00 PM
23PF1CE004	Psychometrics	08-05-2026	10:00 AM to 01:00 PM
23PF1GE201	Essential of Sports Nutrition	09-05-2026	10:00 AM to 01:00 PM
23PE1GE002	Event Management	09-05-2026	10:00 AM to 01:00 PM
23PC1GE002	Essentials of Sports Nutrition	09-05-2026	10:00 AM to 01:00 PM
23PF1CT201	Psychological Aspects of Sports Performance	11-05-2026	10:00 AM to 01:00 PM
23PF1CT202	Indian Social System and Sports	12-05-2026	10:00 AM to 01:00 PM
23PF1CT203	Statistics in Social Sciences	13-05-2026	10:00 AM to 01:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23PF1CE005	Team Cohesion and Group Dynamics	29-04-2026	02:00 PM to 05:00 PM
23PF1CE006	Social Problems	30-04-2026	02:00 PM to 05:00 PM
23PF1CT301	Fundamentals of Counselling Skills	02-05-2026	02:00 PM to 05:00 PM
23PF1CT302	Human Growth and Development	05-05-2026	02:00 PM to 05:00 PM
23PF1CT303	Sociological Theories	06-05-2026	02:00 PM to 05:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23PF1TS401A	Thesis		
23PF1CE007	Positive Psychology	29-04-2026	10:00 AM to 01:00 PM
23PF1CE008	Sociology of Health	30-04-2026	10:00 AM to 01:00 PM
23PF1CT401	Counseling and Behavior Modification Techniques	02-05-2026	10:00 AM to 01:00 PM
23PF1CT402	Scientific Dimensions of Sports Psychology	05-05-2026	10:00 AM to 01:00 PM
23PF1CT403	Intervention Strategies and Sports Behavior	06-05-2026	10:00 AM to 01:00 PM



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

Master of Technology in Sports Technology-(2023 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23PH1CT101	Aerodynamics in Sports	29-04-2026	02:00 PM to 05:00 PM
23PH1CT102	Sports Materials Engineering and Design	30-04-2026	02:00 PM to 05:00 PM
23PH1DE001	Robotics and Machine Vision System	02-05-2026	02:00 PM to 05:00 PM
23PH1DE012	Product Design and Development	05-05-2026	02:00 PM to 05:00 PM
23PH1AE101	Research Methodology and IPR	06-05-2026	02:00 PM to 05:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23PH1CT201	Biomechanical Analysis in Sports	29-04-2026	10:00 AM to 01:00 PM
23PH1CT202	Applications of Sensors and Transducers in Sports	30-04-2026	10:00 AM to 01:00 PM
23PH1DE003	Digital Video Processing	02-05-2026	10:00 AM to 01:00 PM
23PH1DE016	Motor Sports Application	05-05-2026	10:00 AM to 01:00 PM

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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

MASTER OF SCIENCE IN YOGA FOR HUMAN EXCELLENCE -(2023 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23PF3GE101	Yoga and Psychology	09-05-2026	02:00 PM to 05:00 PM
23PB3DE001	Yoga for Health and Wellness	12-05-2026	02:00 PM to 05:00 PM
23PB3DE002	Yogic Diet	13-05-2026	02:00 PM to 05:00 PM
23PB3DE003	Basic Relevant of Yogic Science - I	14-05-2026	02:00 PM to 05:00 PM
23PB3DE004	Methods of Naturopathy	15-05-2026	02:00 PM to 05:00 PM
23PB3CT101	Foundations of Yoga	16-05-2026	02:00 PM to 05:00 PM
23PB3CT102	Yogic Anatomy and Physiology	18-05-2026	02:00 PM to 05:00 PM
23PB3CT103	Yoga for Modern Age	19-05-2026	10:00 AM to 01:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23PB3DE006	Genetic Centre and Principles of Cause and Effect	29-04-2026	10:00 AM to 01:00 PM
23PB3GE201	Therapies of Naturopathy	09-05-2026	10:00 AM to 01:00 PM
23PB3DE008	Professional Preparation for Competitive Exams	12-05-2026	10:00 AM to 01:00 PM
23PB3DE005	Biomechanics and Kinesiology	13-05-2026	10:00 AM to 01:00 PM
23PB3CT201	Research Process in Yoga and Statistics	14-05-2026	10:00 AM to 01:00 PM
23PB3CT202	Yoga of Sublimation and Social Welfare	15-05-2026	10:00 AM to 01:00 PM
23PB3CT203	Basic Yoga Texts	16-05-2026	10:00 AM to 01:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23PB3DE301	Scientific Studies in Yoga	29-04-2026	02:00 PM to 05:00 PM

Subject Code	Subject Name	Date	Time
23PB3DE302	Traditional Indian Systems of Medicine	30-04-2026	02:00 PM to 05:00 PM
23PB3DE303	Applied Spirituality	02-05-2026	02:00 PM to 05:00 PM
23PB3DE304	Advance Study of Pranayama and Meditation	05-05-2026	02:00 PM to 05:00 PM
23PB3CT301	Yogic Science of Energy and Consciousness	06-05-2026	02:00 PM to 05:00 PM
23PB3CT302	Patanjali Yoga Sutras	07-05-2026	02:00 PM to 05:00 PM
23PB3CT303	Yoga Therapy	08-05-2026	02:00 PM to 05:00 PM
23PB3CT304	Stress Management Through SKY Yoga SKY	11-05-2026	02:00 PM to 05:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23PB3TS401	Thesis with Viva Voce		
23PB3DE006	Genetic Centre and Principles of Cause and Effect	29-04-2026	10:00 AM to 01:00 PM
23PB3DE401	Tirumoolar's Tirumandiram	30-04-2026	10:00 AM to 01:00 PM
23PB3DE402	Revenue Models in Yoga	02-05-2026	10:00 AM to 01:00 PM
23PB3DE403	Area of Dissertation	05-05-2026	10:00 AM to 01:00 PM
23PB3DE404	Yoga and Management	06-05-2026	10:00 AM to 01:00 PM
23PB3CT401	World Community Life	07-05-2026	10:00 AM to 01:00 PM
23PB3CT402	Hatha Yoga Text	08-05-2026	10:00 AM to 01:00 PM
23PB3CT403	Concepts of Mind	11-05-2026	10:00 AM to 01:00 PM



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EVEN SEMESTER REGULAR EXAMINATION APRIL-2026

BACHELOR OF SCIENCE IN YOGA FOR HUMAN EXCELLENCE -(2023 Regulation)

SEMESTER - 1

Subject Code	Subject Name	Date	Time
23UB2CT101	Yoga of Body and Mind	14-05-2026	10:00 AM to 01:00 PM
23UB2CT102	Classical Yoga	15-05-2026	10:00 AM to 01:00 PM
23UTL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UB2TL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL102	Basic Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UB2TL103	Additional Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UB2TL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UTL101	Tamil - I	16-05-2026	10:00 AM to 01:00 PM
23UB2EL101	English - I	18-05-2026	10:00 AM to 01:00 PM
23UEL101	English - I	18-05-2026	10:00 AM to 01:00 PM
23UB2DE101	Fundamentals of Yoga	19-05-2026	10:00 AM to 01:00 PM

SEMESTER - 2

Subject Code	Subject Name	Date	Time
23UB2CT201	Yoga of Sublimation	14-05-2026	02:00 PM to 05:00 PM
23UB2CT202	Human Anatomy & Physiology	15-05-2026	02:00 PM to 05:00 PM
23UB2TL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL202	Basic Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UB2TL201	Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UTL203	Additional Tamil - II	16-05-2026	02:00 PM to 05:00 PM
23UB2TL203	Additional Tamil II	16-05-2026	02:00 PM to 05:00 PM
23UB2EL201	English - II	18-05-2026	02:00 PM to 05:00 PM
23UEL201	English - II	18-05-2026	02:00 PM to 05:00 PM
23UB2DE201	Basic Texts in Yoga	19-05-2026	02:00 PM to 05:00 PM

SEMESTER - 3

Subject Code	Subject Name	Date	Time
23UB2CT301	Transformation of Universe	08-05-2026	10:00 AM to 01:00 PM
23UB2CT302	Patanjali Yoga Sutras I	09-05-2026	10:00 AM to 01:00 PM
23UB2TL303	Additional Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UB2TL302	Basic Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UB2TL301	Tamil - III	11-05-2026	10:00 AM to 01:00 PM
23UB2EL301	English - III	12-05-2026	10:00 AM to 01:00 PM
23UB2DE301	Computer Application in Yoga	13-05-2026	10:00 AM to 01:00 PM

SEMESTER - 4

Subject Code	Subject Name	Date	Time
23UB2CT401	Genetic Centre & The Principle of Cause & Effect	07-05-2026	02:00 PM to 05:00 PM
23UB2CT402	Patanjali Yoga Sutras II	08-05-2026	02:00 PM to 05:00 PM
23UB2DE401	Indian Traditional Systems of Medicine and Therapies	09-05-2026	02:00 PM to 05:00 PM
23UB2TL403	Additional Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UB2TL402	Basic Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UB2TL401	Tamil - IV	11-05-2026	02:00 PM to 05:00 PM
23UB2EL401	English - IV	12-05-2026	02:00 PM to 05:00 PM
23UB2ES401	Environmental Studies	13-05-2026	02:00 PM to 05:00 PM

SEMESTER - 5

Subject Code	Subject Name	Date	Time
23UB2CT501	Transformation of Living Beings	29-04-2026	10:00 AM to 01:00 PM
23UB2CT502	Hatha Yoga Texts	30-04-2026	10:00 AM to 01:00 PM
23UB2CT503	Classical Yoga with Props - IV	02-05-2026	10:00 AM to 01:00 PM
23UB2DE501	Methods of Naturopathy	05-05-2026	10:00 AM to 01:00 PM
23UB2DE502	Nutrition & Yogic Diet	06-05-2026	10:00 AM to 01:00 PM
23UB2VE501	Value Education	07-05-2026	10:00 AM to 01:00 PM

SEMESTER - 6

Subject Code	Subject Name	Date	Time
23UB2CT601	Tirumoolar's Tirumandiram	29-04-2026	02:00 PM to 05:00 PM
23UB2CT602	World Community Life	30-04-2026	02:00 PM to 05:00 PM
23UB2CT603	Concept of Mind	02-05-2026	02:00 PM to 05:00 PM
23UB2DE601	Yoga Therapy	05-05-2026	02:00 PM to 05:00 PM
23UB2DE602	Advanced Yogic Practices	06-05-2026	02:00 PM to 05:00 PM



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